GAFFNEY'S
SUMMER 2023/24

| Menu Group | Menu Section | Product Name | Ingredients | Low Gluten | Vegetarian | Vegan | $\begin{array}{c\|} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{array}$ | Dairy Free | Egg Free |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breads |  | Country Grain Block Loaf | wholemeal flour, wheat flour, salt, gluten, oil, yeast, grain |  | Vegetarian | Vegan | $\begin{array}{\|c\|} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{array}$ | Dairy Free | Egg Free |
| Breads |  | Croissants | wheat flour, yeast, salt, sugar, butter, egg, vegetable oil, milk |  | Vegetarian |  | $\begin{array}{\|c\|} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{array}$ |  |  |
| Breads |  | Low Gluten Fruit Bread | rice flour, maize starch, potato starch, vegetable oil, salt, dates, apricots, sultanas, currants, cinnamon, sugar, milk powder | Low Gluten | Vegetarian |  | $\begin{array}{\|c\|} \hline \text { Nut Freee } \\ \text { (may contain } \\ \text { traces) } \end{array}$ |  | Egg Free |
| Breads |  | Low Gluten Linseed Bread | rice flour, maize starch, potato starch, vegetable oil, salt, linseeds, caramel colour, milk powder | Low Gluten | Vegetarian |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ |  | Egs Free |
| Breads |  | Low Gluten Pumpkin Spinach \& Garlic Bread | rice flour, maize starch, potato starch, vegetable oil, salt, pumpkin, spinach, feta, garlic, pepper, sunflower seeds, pepper, milk powder | Low Gluten | Vegetarian |  | $\begin{array}{\|c\|} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{array}$ |  | Egg Free |
| Breads |  | Low Gluten White Bread | rice flour, maize starch, potato starch, vegetable oil, salt, milk powder | Low Gluten | Vegetarian |  | $\begin{gathered} \hline \text { Nut risee } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ |  | Egg Free |
| Breads |  | Pumpkin Spinach \& Garlic Loaf | wheat flour, salt, oil, yeast, cracked pepper, garlic, feta cheese, sunflower seeds, spinach, pumpkin, baby spinach, bakers flour, cream, tomato, sugar, salt, |  | Vegetarian |  | $\begin{gathered} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ |  | Egg Free |
| Breads |  | Pumpkin Spinach \& Garlic Scroll | wheat flour, salt, oil, yeast, cracked pepper, garlic, feta, cheddar cheese, sunflower seeds, spinach, pumpkin, baby spinach, |  | Vegetarian |  | $\begin{array}{\|c\|} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{array}$ |  | Egs Free |
| Breads |  | Rye Sourdough | wheat flour, rye meal, wholemeal flour, salt, gluten, malt, sunflower seeds, oil, yeast |  | Vegetarian | Vegan | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{gathered}$ | Dairy Free | Egg Free |
| Breads |  | Sourdough | wheat flour, rye meal, salt, gluten, oil, yeast |  | Vegetarian | Vegan | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{gathered}$ | Dairy Free | Egg Free |
| Breads |  | White Block Loaf | wheat flour, salt, oil, yeast |  | Vegetarian | Vegan | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{gathered}$ | Dairy Free | Egg Free |
| Breads |  | White Round Rolls | wheat flour, salt, oil, yeast |  | Vegetarian | Vegan | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{gathered}$ | Dairy Free | Egg Free |
| Christmas |  | Christmas Cakes | sultanas, currants, apricots, sherry, cherries, sugar, butter, caramel colour, eggs, plum jam, wheat flour, baking powder, nutmeg, spices |  | Vegetarian |  |  |  |  |
| Christmas |  | Christmas Puddings | sultanas, currants, apricots, sherry, cherries, sugar, butter, caramel colour, eggs, wheat flour, baking powder, nutmeg, spices, bi-carb soda, white breadcrumbs (see bread) |  | Vegetarian |  |  |  |  |
| Christmas |  | Christmas Shortbread | wheat flour, cornflour, sugar, butter |  | Vegetarian |  | Nut Free |  | Egg Free |
| Christmas |  | Fruit Mince Pies | Mixed fruit (sultanas, currants), water, sugar, vegetable oil, mixed spice, Shortbread (wheat flour, animal shortening, sugar, eggs, vanilla extract) |  | Vegetarian |  | Nut Free |  |  |
| Christmas |  | Gingerbread Trees/ Reindeer/ People | brown sugar, golden syrup, animal \& vegetable shortening, ginger powder, cinnamon, milk, wheat flour, baking powder |  |  |  | Nut Free |  | Egg Free |
| Deli Bar | Rolls | Bacon \& Egg Rolls | white bread (wheat flour, salt, oil, yeast), bacon, eggs, margarine, salt, pepper |  |  |  | Nut Free <br> (may contain <br> traces) |  |  |
| Deli Bar | Rolls | Ham \& Salad Roll | note- white or grain bread used (see bread ingredients), shaved smoked ham, cheddar cheese, tomato, cucumber, carrot, salt, pepper, bakery made relish, iceberg lettuce |  |  |  | $\begin{array}{\|c\|} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{array}$ |  | Egg Free |
| Deli Bar | Rolls | Roasted chicken \& Salad Roll | note- a variety of bread used (see bread ingredients), roasted chicken breast \& thigh, mayonnaise (g.free), iceberg lettuce, cheddar cheese, carrot, cucumber, tomato, salt, pepper |  |  |  | $\begin{array}{c\|} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{array}$ |  |  |
| Deli Bar | Sandwiches | Egg \& Lettuce Sandwich | note- a variety of bread used (see bread ingredients), eggs, mayonnaise (g.free), salt, pepper, iceberg lettuce |  | Vegetarian |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ |  |  |
| Deli Bar | Sandwiches | Roasted Chicken Sandwich | note- a variety of bread used (see bread ingredients), roasted chicken breast \& thigh, mayonnaise (g.free), iceberg lettuce, cheddar cheese, salt, pepper |  |  |  | Nut Free <br> (may contain traces) |  |  |

GAFNEY'S SUMMER 2023/24

| Menu Group | Menu Section | Product Name | Ingredients | Low Gluten | Vegetarian | Vegan | Nut Free <br> (may contain traces) | Dairy Free | Egg Free |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Deli Bar | Sandwiches | Pulled Beef Sandwich | note- a variety of bread used (see bread ingredients), bakery made pulled beef, salt, pepper, dijon mustard, mayonnaise (g.free), red onion, cheddar cheese, margarine |  |  |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ |  |  |
| Deli Bar | Sandwiches | Ham Cheese \& Tomato Sandwich | note- a variety of bread used (see bread ingredients), shaved smoked ham, cheddar cheese, tomato, salt, pepper |  |  |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{gathered}$ |  | Egg Free |
| Deli Bar | Sandwiches | Salad Sandwich | note- a variety of bread used (see bread ingredients), sundried tomato, mixed lettuce, cucumber, carrot, red onion, beetroot, apple cider vinegar, cornflour, sugar |  | Vegetarian |  | $\begin{gathered} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ |  | Egg Free |
| Deli Bar | Toasties | Ham \& Cheese Toastie | note- a variety of breads used (see bread ingredients), shaved smoked ham, cheddar cheese, salt, pepper |  |  |  | Nut Free <br> (may contain traces) |  | Egg Free |
| Deli Bar | Toasties | Ham, Cheese \& Tomato Toastie | note- a variety of breads used (see bread ingredients), shaved smoked ham, cheddar cheese, tomato, salt, pepper |  |  |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{gathered}$ |  | Egg Free |
| Deli Bar | Wraps | Rainbow Veggie Wraps | spinach wrap (wheat flour, soy flour, spinach, vegetable fat, mixed herbs, baking powder), hummus, cheddar cheese, spinach, roasted capsicum, carrot, avocado, chickpeas, pesto (contains nuts), basil. |  | Vegetarian |  |  |  | Egg Free |
| Deli Bar | Wraps | Southern Fried Chicken Wrap | chicken tenders, tomato salsa (tomato, onion, carpsicum, cumin, coriander, parsley, sugar), tasty cheese, burger sauce (mayonnaise, mustard, lemon juice, gherkins, onion powder), mixed lettuce, white wrap (wheat flour, soy flour, vegetable fat, baking powder) |  |  |  | Nut Free <br> (may contain traces) |  |  |
| Deli Bar |  | Chicken \& Avocado Pumpkin Scroll | pumpkin bread (wheat flour, salt, oil, yeast, cracked pepper, garlic, feta cheddar cheese, sunflower seeds, frozen spinach, pumpkin, baby spinach, wheat flour), roasted chicken, spinach, mayonnaise (g.free), cheddar cheese, salt, pepper |  |  |  | Nut Free (may contain traces) |  |  |
| Deli Bar |  | Ham \& Cheese Croissant | croissant (wheat flour, yeast, salt , sugar, butter, egg, vegetable oil, milk), shaved smoked ham, cheddar cheese |  |  |  | Nut Free (may contain traces) |  |  |
| Deli Bar |  | Mediterranean Vegetable Frittata Low Gluten | carrot, potato, onion, pumpkin, zucchinni, eggs, milk, butter, spinach, fetta, capsicum, rice flour, maize flour, potato starch, salt, cheddar cheese, vegetable stock powder | Low Gluten | Vegetarian |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ |  |  |
| Grocery | Sauces \& Relishes | Bakery Made BBQ Sauce | apple cider vinegar, worcestershire sauce, tomatoes, pears, sugar, citric acid, cloves, salt, smoked paprika, onion powder, white pepper, chilli powder, molasses, modified cornstarch (gluten free) | Low Gluten | Vegetarian | Vegan | $\begin{gathered} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{gathered}$ | Dairy Free | Egg Free |
| Grocery | Sauces \& Relishes | Bakery Made Tomato Relish | tomatoes, onions, brown vinegar, brown sugar, curry powder, tarragon, white pepper, mixed spice, salt, gelled apple, modified cornstarch (gluten free), brown vinegar | Low Gluten | Vegetarian | Vegan | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{gathered}$ | Dairy Free | Egg Free |
| Grocery | Sauces \& Relishes | Bakery Made Tomato Sauce | tomatoes, brown vinegar, onion powder, garlic, salt, white pepper, treacle, sugar, cumin, curry powder | Low Gluten | Vegetarian | Vegan | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ | Dairy Free | Egg Free |
| Grocery | Sauces \& Relishes | Bakery Made Triple Chilli Sauce | apple cider vinegar, chillies, brown sugar, paprika, onion powder, garlic, salt, roasted peppers, cayenne pepper, chilli powder, lemon juice | Low Gluten | Vegetarian | Vegan | $\begin{gathered} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ | Dairy Free | Egg Free |
| Grocery |  <br> Relishes | Build-A-Biscuit Gift Pack | shortbread biscuit (wheat flour, animal shortening, sugar, eggs, vanilla extract), buttercream (glucose, animal \& vegetable fats), mixed lollies |  |  |  | Nut Free <br> (may contain traces) |  |  |
| Pastries | Biscuits \& Cookies | Anzac Biscuits | rolled oats, golden syrup, bi-carb soda, butter, wheat flour, sugar, coconut |  | Vegetarian |  |  |  |  |
| Pastries | Biscuits \& Cookies | Choc Chip Cookie | castor sugar, butter, eggs, vanilla extract, wheat flour, baking powder, chocolate chips |  | Vegetarian |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ |  |  |
| Pastries | Biscuits \& Cookies | Crazy Cookies | wheat flour, animal shortening, sugar, eggs, vanilla extract, sugar syrups (sucrose), glucose (wheat derived), milk chocolate, white chocolate |  |  |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{gathered}$ |  |  |
| Pastries | Biscuits \& Cookies | Freckle Cookie | castor sugar, animal and vegetable shortening, eggs, vanilla extract, wheat flour, baking powder, white chocolate, dark chocolate |  |  |  | $\begin{gathered} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{gathered}$ |  |  |
| Pastries | Biscuits \& Cookies | Iced Vo-Vo | wheat flour, animal shortening, sugar, eggs, vanilla extract, marshmallow (sugar, glucose, gelatin), raspberry jam, coconut |  |  |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ | Dairy Free |  |
| Pastries | Biscuits \& Cookies | Lemon Jam Tart | wheat flour, vegetable shortening, sugar, eggs, vanilla extract, lemon jam (lemon, glucose) |  | Vegetarian |  | $\begin{gathered} \hline \begin{array}{c} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{array} \\ \hline \end{gathered}$ |  |  |
| Pastries | Biscuits \& Cookies | Neenish Tart | wheat flour, vegetable shortening, sugar, eggs, vanilla extract, sugar syrups (sucrose), glucose (wheat derived), animal \& vegetable shortening, raspberry jam |  | Vegetarian |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{gathered}$ |  |  |

GAFENEYS SUMIMER 2023/24

| Menu Group | Menu Section | Product Name | Ingredients | Low Gluten | Vegetarian | Vegan | Nut Free (may contain traces) | Dairy Free | Egg Free |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Pastries | Biscuits \& Cookies | Raspberry Jam Tart | wheat flour, vegetable shortening, sugar, eggs, vanilla extract, raspberry jam (raspberry, apple, glucose) |  | Vegetarian |  | $\begin{gathered} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ |  |  |
| Pastries | Biscuits \& Cookies | Yo-Yo | self raising flour, custard powder, icing sugar, butter, lemon juice |  | Vegetarian |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ |  | Egg Free |
| Pastries | Cakes | Banana Bar Cake | eggs, sugar, vegetable oil, bananas, pineapple, wheat flour, baking powder, salt cinnamon, bi-carb soda, neufchatel cheese, lemon juice, icing sugar, butter, cinnamon |  | Vegetarian |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{gathered}$ |  |  |
| Pastries | Cakes | Carrot Cake Bar Cake | sugar, eggs, wheat flour, wholemeal flour, walnuts, bi-carb soda, baking powder, carrot, pineapple, cinnamon, neufchatel cheese, lemon juice, icing sugar, butter |  | Vegetarian |  |  |  |  |
| Pastries | Cakes | Lemon Delicious Sponge Cake | lemon juice, citric acid, white chocolate, wheat flour, sugar, rice flour, baking powder, milk powder, eggs, gelatine, condensed milk |  | Vegetarian |  | $\begin{aligned} & \text { Nut Free } \\ & \text { (may contain } \\ & \text { traces) } \end{aligned}$ |  |  |
| Pastries | Cakes | Double Chocolate Log Low Gluten | dark chocolate, butter, eggs, sugar, gluten free baking powder, almond meal, maize flour, dark chocolate, cream, white chocolate | Low Gluten | Vegetarian |  |  |  |  |
| Pastries | Cakes | Marzbar Cake | sugar, cocoa powder, vegetable fat, potato flour, salt, milk solids, vegetable gum, eggs, choc paste, vegetable oil, butter, brown sugar, milk icing sugar, cream, dark chocolate |  | Vegetarian |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \hline \end{gathered}$ |  |  |
| Pastries | Cakes | Rainbow Cake | butter, icing sugar, cocoa, sugar, wheat flour, vegetable \& animal fats and oil, eggs |  |  |  | Nut Free <br> (may contain traces) |  |  |
| Pastries | Creams | Beestings | wheat flour, salt, sugar, animal shortening, butter, sugar, honey, almonds |  |  |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ |  | Egg Free |
| Pastries | Creams | Cream Lamingtons | cream, butter, icing sugar, cocoa, raspberry jam, sugar, wheat flour, vegetable fats and oil, eggs |  | Vegetarian |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ |  |  |
| Pastries | Creams | Eclairs | animal shortening, wheat flour, eggs, cream, sugar, vanilla essence, milk powder, glucose, sugar, vegetable fat, sugar syrups (sucrose), glucose (wheat derived), chocolate |  |  |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ |  |  |
| Pastries | Donuts | Cinnamon Donut | wheaten flour, sugar, vegetable oil, whey powder, defatted soy flour, baking powder,salt, non-fat milk solids, vegetable gums, soy lecithin, cinnamon |  | Vegetarian |  | Nut Free <br> (may contain traces) |  | Egg Free |
| Pastries | Donuts | Iced Donut- Mixed | Wheaten flour, sugar, vegetable oil, whey powder, defatted soy flour, baking powder, salt, non-fat milk solids, vegetable gums, soy lecithin, sugar syrups (sucrose), glucose. Variety of lollies \& decorations used |  | Vegetarian |  | Nut Free <br> (may contain traces) |  | Egg Free |
| Pastries | Donuts | Jam Donut | wheat flour, salt, sugar, animal shortening, yeast, raspberry jam |  |  |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ | Dairy Free | Egg Free |
| Pastries | Fruit Pies | Apple Fruit Pie | wheat flour, animal shortening, sugar, eggs, vanilla extract, apple, cornflour (wheat based), sugar, |  |  |  | Nut Free <br> (may contain traces) | Dairy Free |  |
| Pastries | Fruit Pies | Cherry \& Apple Fruit Pie | wheat flour, animal shortening, sugar, eggs, vanilla extract, cherry, apple, cornflour (wheat based), |  |  |  | Nut Free <br> (may contain traces) | Dairy Free |  |
| Pastries | Muffins | Raspberry \& Blueberry Muffin Vegan | soy milk, blueberries, raspberries, wheat flour, sugar, vanilla, baking powder, salt |  |  | Vegan | $\begin{aligned} & \text { Nut Free } \\ & \text { (may contain } \\ & \text { traces) } \end{aligned}$ | Dairy Free | Egg Free |
| Pastries | Muffins | Double Chocolate Muffin | eggs, cocoa, plain flour, brown sugar, dark chocolate, vegetable oil, choc chips |  | Vegetarian |  | Nut Free <br> (may contain traces) |  |  |
| Pastries | Muffins | Lemon Muffin | wheat flour, eggs, vegetable oil, sour cream, poppyseeds, lemon, sugar, butter, baking powder, glucose |  | Vegetarian |  | $\begin{gathered} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{gathered}$ |  |  |
| Pastries | Slices | Baked Berry Cheesecake Low Gluten | sugar, eggs, vanilla extract, cornflour, neufchatel cheddar cheese, vanilla essence, citric acid, cream, eggs, sour cream, raspberries, blueberries | Low Gluten | Vegetarian |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ |  |  |
| Pastries | Slices | Banana Cake Slice | eggs, sugar, vegetable oil, bananas, pineapple, wheat flour, baking powder, salt cinnamon, bi-carb soda, neufchatel cheese, lemon juice, icing sugar, butter, cinnamon |  |  |  | Nut Free <br> (may contain traces) |  |  |
| Pastries | Slices | Blood Plum Slice | butter, sugar, eggs, wheat flour, self raising flour, brown sugar, butter, wheat flour, blood plums |  | Vegetarian |  | Nut Free <br> (may contain traces) |  |  |

GAFNEY'S SUMMER 2023/24.

| Menu Group | Menu Section | Product Name | Ingredients | Low Gluten | Vegetarian | Vegan | Nut Free <br> (may contain traces) | Dairy Free | Egg Free |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Pastries | Slices | Carrot Cake Slice | sugar, eggs, wheat flour, wholemeal flour, walnuts, bi-carb soda, baking powder, carrot, pineapple, cinnamon, neufchatel cheese, lemon juice, icing sugar, butter |  | Vegetarian |  |  |  |  |
| Pastries | Slices | Choc Walnut Brownie Slice Low Gluten | chocolate, butter, sugar, egg, walnut, cocoa powder | Low Gluten | Vegetarian |  |  |  |  |
| Pastries | Slices | Choc Caramel Bites | wheat flour, brown sugar, baking powder, coconut, animal shortening, egg, condensed milk, golden syrup, butter, peanut butter, peanuts, dark chocolate, white chocolate, |  | Vegetarian |  |  |  |  |
| Pastries | Slices | Hedgehog Slice | butter, sugar, coconut, cocoa, marie biscuits, eggs, coconut, sugar syrups (sucrose), glucose (wheat derived) |  | Vegetarian |  | Nut Free (may contain traces) |  |  |
| Pastries | Slices | Jelly Bites | wheat flour, brown sugar, baking powder, coconut, animal shortening, egg, condensed milk, lemon juice, gelatine, red jelly crystals |  |  |  | $\begin{array}{\|l\|} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{array}$ |  |  |
| Pastries | Slices | Double Choc Slice Low Gluten | dark chocolate, butter, eggs, sugar, gluten free baking powder, almond meal, maize flour, dark chocolate, cream, white chocolate | Low Gluten | Vegetarian |  |  |  |  |
| Pastries | Slices | Vanilla Slice Passionfruit | wheat flour, salt, animal shortening, custard, cream, sugar, vanilla extract, milk powder, sugar syrups (sucrose), glucose (wheat derived) |  |  |  | Nut Free <br> (may contain <br> traces) <br> Nut |  |  |
| Pastries | Slices | Vanilla Slice Pink | wheat flour, salt, animal shortening, custard, cream, sugar, vanilla extract, milk powder, sugar syrups (sucrose), glucose (wheat derived) |  |  |  | Nut Free (may contain traces) |  |  |
| Pastries |  | Apple Cake | wheat flour, animal shortening, sugar, eggs, vanilla extract, apple, modified cornstarch (gluten free), sugar, neufchatel cheddar cheese, lemon juice, icing sugar, butter, cinnamon |  |  |  | $\begin{array}{\|c\|} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{array}$ |  |  |
| Pastries |  | Coffee Scroll | bakers flour, salt, sugar, shortening, yeast, currants, sultanas, cinnamon, glucose |  |  |  | $\begin{array}{\|c\|} \hline \begin{array}{c} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{array} \\ \hline \end{array}$ | Dairy Free | Egg Free |
| Pastries |  | Custard Tart | wheat flour, animal shortening, sugar, eggs, vanilla extract, milk powder, glucose, sugar, vegetable fat, nutmeg |  |  |  | $\begin{array}{c\|} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{array}$ |  |  |
| Pastries | Cupcakes | Kiddie Cupcakes | note- a variety of confectionary used as toppings, butter, icing sugar, cocoa, raspberry jam, sugar, wheat flour, vegetable \& animal fats and oil, eggs |  | Vegetarian |  | $\begin{array}{\|c\|} \hline \text { Nut Freee } \\ \text { (may contain } \\ \text { traces) } \end{array}$ |  |  |
| Pastries | Cupcakes | 'Strawberry Sundae' Cupcakes | wheat flour, eggs, choc paste, vegetable oil, butter, brown sugar, milk, icing sugar, cream, dark chocolate, white chocolate, colours |  | Vegetarian |  | Nut Free (may contain traces) |  |  |
| Pastries | Cupcakes | 'Smore' Cupcakes | wheat flour, eggs, choc paste, vegetable oil, butter, brown sugar, milk, icing sugar, cream, dark chocolate |  | Vegetarian |  | Nut Free <br> (may contain <br> traces) |  |  |
| Pastries | Cupcakes | 'Unicorn' Cupcakes | wheat flour, eggs, choc paste, vegetable oil, butter, brown sugar, milk, icing sugar, cream, dark chocolate, white chocolate, colours, edible glitter. |  | Vegetarian |  | $\begin{array}{c\|} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{array}$ |  |  |
| Pastries |  | Lamingtons | butter, icing sugar, cocoa, raspberry jam, sugar, wheat flour, vegetable fats and oil, eggs |  | Vegetarian |  | $\begin{array}{\|c\|} \hline \text { Nut Freee } \\ \text { (may contain } \\ \text { traces) } \end{array}$ |  |  |
| Pastries |  | Lemon Curd Passionfruit Tart | wheat flour, animal shortening, sugar, eggs, vanilla extract, cream, condensed milk, vanilla essence, chocolate essence, citric acid, castor sugar, lemon juice, passionfruit |  |  |  | Nut Free (may contain traces) |  |  |
| Pastries |  | Lemon Curd Tart | wheat flour, animal shortening, sugar, eggs, vanilla extract, cream, condensed milk, vanilla essence, lemon essence, citric acid, castor sugar, lemon juice |  |  |  | $\begin{array}{c\|} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{array}$ |  |  |
| Pastries |  | Marvellous/Animal Meringues | note- a variety of confectionary used as toppings, sugar, eggs |  | Vegetarian |  | $\begin{array}{c\|} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{array}$ |  |  |
| Pies |  | Beef \& Mushroom Pie | pastry (wheat flour, milk powder, baking powder, animal shortening), beef, salt, pepper, beef stock, worcestershire sauce, modified cornstarch (gluten free), mushrooms, garlic, egg (wash) |  |  |  | Nut Free (may contain traces) |  |  |
| Pies |  | Beef \& Shiraz Pie | pastry (wheat flour, milk powder, baking powder, animal shortening), beef, salt, pepper, beef stock, worcestershire sauce, modified cornstarch (gluten free), carrot, garlic, bacon, beef boster, onion, vegetable oil, shiraz, , worcestershire sauce, modified cornstarch (gluten free), tomato, egg (wash) |  |  |  | Nut Free <br> (may contain <br> traces) |  |  |
| Pies |  | Beef \& Vegetable Pastie | pastry (wheat flour, milk powder, baking powder, animal shortening),swede, potato, onion, carrot, salt, pepper, beef, egg (wash) |  |  |  | $\begin{array}{c\|} \hline \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \end{array}$ |  |  |

GAFFNEY'S

## SUMMER 2023/24

| Menu Group | Menu Section | Product Name | Ingredients | Low Gluten | Vegetarian | Vegan | $\begin{aligned} & \text { Nut Free } \\ & \text { (may contain } \end{aligned}$ traces) | Dairy Free | Egs Free |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Pies |  | Beef Bacon \& Cheese Pie | pastry (wheat flour, milk powder, baking powder, animal shortening), beef, salt, pepper, beef stock, worcestershire sauce, modified cornstarch (gluten free) , bacon, cheddar cheese, egg (wash) |  |  |  | Nut Free (may contain traces) |  |  |
| Pies |  | Beef Curry Pie | pastry (wheat flour, milk powder, baking powder, animal shortening), beef, salt, pepper, beef stock, worcestershire sauce, modified cornstarch (gluten free), chilli powder, onion, vegetable oil, curry powder, egg (wash), |  |  |  | Nut Free (may contain traces) |  |  |
| Pies |  | Chicken Parma Pie | pastry (wheat flour, milk powder, baking powder, animal shortening), white breadcrumbs, chicken stock, vegetable oil, chicken breast, tomatoes, garlic, onions, mixed herbs, pepper, salt, bacon, cheddar cheese |  |  |  | Nut Free <br> (may contain traces) |  | Egg Free |
| Pies |  | Chicken, Leek \& Mushroom Pie | pastry (wheat flour, milk powder, baking powder, animal shortening), chicken thigh, leek, mushroom, chicken stock, salt, pepper, mixed herbs, parsley, milk powder, cornflour, parsley, egg (wash) |  |  |  | Nut Free (may contain traces) |  |  |
| Pies |  | Chunky Steak \& Pepper Pie | pastry (wheat flour, milk powder, baking powder, animal shortening), beef, salt, pepper, beef stock, worcestershire sauce, onion, pepper, salt, pepper, modified cornstarch (gluten free) (wheat based), egg (wash) |  |  |  | Nut Free <br> (may contain traces) |  |  |
| Pies |  | Cottage Pie | pastry (wheat flour, milk powder, baking powder, animal shortening), beef, salt, pepper, beef stock, worcestershire sauce, modified cornstarch (gluten free), potato, salt, cream, cheddar cheese, butter |  |  |  | Nut Free (may contain traces) |  | Egg Free |
| Pies |  | Country Beef Pie | pastry (wheat flour, milk powder, baking powder, animal shortening),beef, salt, pepper, beef stock, worcestershire sauce, modified cornstarch (gluten free), egg (wash) |  |  |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ |  |  |
| Pies |  | Farmer's Veggie Pie | pastry (wheat flour, milk powder, baking powder, vegetable shortening),tasty cheese, potato, zucchinni, onion, carrot, pumpkin, spinach, peas, corn, cream, egg, garlic, paprika, salt, pepper |  | Vegetarian |  | $\begin{gathered} \text { Nut Free } \\ \text { (may contain } \\ \text { traces) } \\ \hline \end{gathered}$ |  |  |
| Pies |  | Slow Roasted Beef Pie Low Gluten | maize starch, rice flour, vegetable oil, vegetable shortening, eggs, beef, paprika, cumin, parsely, pepper, worcestershire sauce, salt, pepper, beef stock, modified cornstarch (gluten free), egg (wash) | Low Gluten |  |  | $\begin{aligned} & \text { Nut Free } \\ & \text { (may contain } \end{aligned}$ traces) |  |  |
| Pies |  | Roasted Vegetable Pastie Vegan | pastry (wheat flour, baking powder, vegetable shortening), soy milk, coriander, salt, pepper, tomato, celery, roasted pepper, spinach, potato, zucchini, onion, pumpkin, carrots, salt, pepper, sesame seeds |  | Vegetarian | Vegan |  | Dairy Free | Egg Free |
| Pies |  | Slow Roasted Beef Pie | pastry (wheat flour, milk powder, baking powder, animal shortening), beef, paprika, cumin, parsely, pepper, worcestershire sauce, salt, pepper, beef stock, modified cornstarch (gluten free), egg (wash) |  |  |  | Nut Free <br> (may contain traces) |  |  |
| Pies |  | Spinach Fetta \& Ricotta Roll | pastry (wheat flour, milk powder, baking powder, vegetable shortening), feta, ricotta, spinach, eggs, onion, garlic, pepper, potato, egg (wash) |  | Vegetarian |  | $\begin{aligned} & \text { Nut Free } \\ & \text { (may contain } \end{aligned}$ traces) |  |  |
| Pies |  | Swag Roll | pastry (wheat flour, milk powder, baking powder, animal shortening), beef, onion, salt, pepper, paprika, salami, ham, bacon, potato, breadcrumbs, worcestershire sauce, barbeque sauce, mozzarella cheese, egg (wash) |  |  |  | Nut Free <br> (may contain traces) |  |  |
| Pies |  | Thai Chicken Pie | pastry (wheat flour, milk powder, baking powder, animal shortening), chicken thigh, chicken stock, salt, pepper, mixed herbs, parsley, milk powder, modified cornstarch (gluten free), thai paste (garlic, red chillies, lemongrass, shallot, galangal, shrimp paste kaffir lime peel, pepper), coriander |  |  |  | Nut Free <br> (may contain traces) |  |  |
| Pies |  | Traditional Sausage Roll | pastry (wheat flour, milk powder, baking powder, animal shortening), breadcrumbs, onion, salt, pepper, beef sausage, tomato, egg (wash) |  |  |  | Nut Free (may contain traces) |  |  |
| Pies |  | Triple Chilli Braised Beef Pie | pastry (wheat flour, milk powder, baking powder, animal shortening), beef, salt, pepper, beef stock, worcestershire sauce, modified cornstarch (gluten free), egg (wash) |  |  |  | Nut Free (may contain traces) |  |  |

